

MOMENTS OF REFLECTION

What was the moment in ministry that made me laugh so hard I could barely breathe? Why did I find it funny? Pause for a moment and think about it. Reflect on the goodness of the moment.

What was one of my favorite moments with my loved ones? Why did I find it so special? Where is God's goodness within this moment? What is one moment where I experienced the GOODNESS of God in ministry?

What is one fear I have carried with me the last few months? Why do you think your thoughts ruminate on the subject?

If I have one day where I can change the circumstances in a situation, it would be... I would change it by... I chose this day because...

If I could have one day to repeat, which one would it be... Why do you want to repeat it? Are there actions steps you can take towards more moments like this one?

What moment in ministry made me angry? Why did it make me angry? Did the moment reflect how I needed something to change? Is it within my control?

What two ministry activities will I take with me into the future? What two ministry activities will I eliminate?

What is one moment where I experienced the GOODNESS of God in my loved ones' life? What family activity did I enjoy recently? Why did I like it so much?

What do I want more of regarding my family?